

Courtyard Dining Lunch Menu

Salad Entrées

Caesar Salad

*Romaine Lettuce, Cherry Tomato, Parmesan Cheese, House-made Croutons
Choice of Tofu, Grilled Chicken, Salmon or Steak*

Chef's California Chopped Salad

*Romaine Lettuce, Red Onions, Tomato, Avocado, Turkey, Cucumber, Hard-Boiled Egg, Mix Cheese
Choice of Tofu, Grilled Chicken, Salmon or Steak*

Harvest Cobb Salad

*Romaine Lettuce, Avocado, Hard Boiled Eggs, Black Olives, Diced Tomatoes, Blue Cheese, Turkey Bacon
Choice of Tofu, Grilled Chicken, Salmon or Steak*

Asian Salad

*Romaine Lettuce with Shredded Carrots, Sliced Celery, Red Onion, Cilantro, Red Bell Pepper, Toasted
Almonds, Green Onions, Fried Won Ton Strips
Choice of Tofu, Grilled Chicken, Salmon or Steak*

Spring Mix Berry Salad

*Spring Mix, Strawberry, Blueberry, Cherry Tomato, Sliced Red Onion, Candied walnuts and Feta
Choice of Tofu, Grilled Chicken, Salmon or Steak*

Lunch Entrées

Fish and Chips

Beer Battered Cod with French Fries served with Tartar Sauce/Malt Vinegar

Top Sirloin Steak

Flame Broiled and served with two sides

Seasoned Atlantic Salmon

Cooked your way and served with two sides

Grilled Marinated Chicken Breast

Flame Broiled and served with two sides

Steak Frites

Flame Broiled Steak with Fries and Side salad or Soup

Chef's Omelet

Fillings includes bell peppers, spinach, onions, tomato, mushroom, cheese - Served with 2 sides

Chef's Lunch Special (Monday - Friday)

Please ask your server for our Chef's Lunch Special

Off The Grill

*Certified Angus Beef Burger, Turkey Burger, Salmon Burger, Veggie Burger, Kosher All-Beef Hotdog
Toasted Brioche Burger/Hotdog Bun with Crown Leaf Lettuce, Onions, and Vine Ripened Tomato.*

Choice of Cheddar or Swiss and condiments - Served with two sides

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Lunch Sandwiches

The Reuben

Hot Pastrami, 1000 Island Dressing, Sauerkraut

Smoked Turkey

Smoked Deli Turkey, with Avocado Crown Leaf Lettuce, Onions and Tomato

Pastrami

Pastrami, Crown Leaf Lettuce, Onions, Tomato

California Chicken Waldorf

Chicken Waldorf salad with Crown Leaf Lettuce, Onions, and Tomato

Egg Salad

Egg Salad with Crown Leaf Lettuce, Onions, and Tomato

Tuna Salad

Tuna Salad with Crown Leaf Lettuce, Onions, and Tomato

Turkey BLT

Turkey Bacon, Lettuce and Tomato

Vegetable or Chicken Quesadilla

Flour Tortilla, Bell Peppers, Onions, Mushroom, Spinach Cheddar/Jack

Grilled Cheese

Choice of Bread and choice of cheddar or Swiss cheese or both

Tortilla Wraps

*Turkey/Pastrami/Egg/Tuna/Chicken Waldorf/Grilled Chicken or Tofu w/ Lettuce, Onions, and Tomato
Choices of Rye, Wheat or Sourdough Toasted or Panini Grilled available upon request.*

****Half Sandwich Available (Tortilla Wraps/Quesadilla Not Included) Served with one side*

All Lunch Sandwiches Served with two sides

Lox and Bagels

Smoked Salmon served with Bagels, Capers, Hard-Boiled Eggs, Red Onion and Cream Cheese

Artisan Vegetable Combination or Beef Pepperoni Pizza

Toppings includes Mushroom, Olives, Bell Peppers, Onion or Beef Pepperoni

Chicken Wings (Tuesday only)

Marinated Chicken Wings served with Celery Sticks with the choice of blue cheese or ranch dressing

Sides Available

*Spinach/Broccoli/Cauliflower/ Cole Slaw / French or Sweet Potato Fries/ Gourmet Onion Rings/ Potato
Chips /Fresh seasonal Fruit Cup/Cottage cheese/ Side Salad (Romaine/Spring Mix)Cup of Soup 6oz/*

Bowl of Soup 8oz Avocado (Seasonal)

Cup of Berries 4oz / Bowl of Berries 6oz / Cup of Fruit 4oz / Bowl of Fruit 6oz

BEVERAGES

Coffee/Hot Tea/Milk/Juice/Ice Tea/ Arnold Palmer

Available Condiments

*Low-Sodium Soy Sauce/Malt Vinegar/Ketchup/Mustard/BBQ Sauce/A1 Steak
Sauce/Tabasco/Relish/Tartar sauce*