

MOLDAW RESIDENCES

INSPIRED RETIREMENT LIVING

Taube Koret Campus for Jewish Life

 Jewish Senior Living Group

Sunday

Roasted Cauliflower Soup

Or

Beet Salad

*Red beets tossed in raspberry dressing served with pickled onions,
Feta cheese over baby spinach*

Beef Stroganoff

Tender beef strips braised in mushroom sauce

Airline Chicken with Orange Sauce

Pan seared airline chicken breast topped with orange sauce

Vegetarian Stroganoff

Fresh array vegetables stewed in mushroom sauce

Egg Noodles or Garlic Bulgur

Sautéed Yellow Squash with Bell Peppers or Steamed Broccoli

Fudge Brownies

NSA Dessert of the Day

(Please ask your server)

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Monday

Beef & Barley Soup

Or

Spinach and Raspberry Salad

Organic Baby spinach, raspberry, shaved red onion, and feta cheese drizzled with a sweet balsamic vinaigrette and topped with glazed nuts

Pecan Crusted Salmon with Soubise Sauce

Baked salmon layered with dijon mustard and pecan served with soubise sauce (Béchamel onion sauce)

Herbed Crusted Flank Steak

Flame broiled beef flank steak marinated with olive oil, rosemary, thyme, parsley and garlic served with beef au jus

Stuffed Acorn Squash

Roasted acorn squash stuffed with vegetable, lentil and herbs

Pinto Beans or Cilantro Chutney Brown Rice

Steamed Rainbow Cauliflower or Sautéed Mix Vegetable

Custard Pie

NSA Dessert of the Day

(Please ask your server)

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Tuesday

Ginger and Green Papaya Soup

Or

Asian Salad

Snap Peas, a trio of bell peppers, carrots, celery, napa cabbage, red onion, snow peas and bean sprouts, marinated with sesame vinaigrette

Sweet and Sour Chicken

Chicken thigh braised in orange, pineapple, garlic, onions, ginger, celery, bell peppers and Asian five spice.

Teriyaki Beef Steak

Grilled beef steak and glaze with teriyaki sauce

Stir-Fry Vegetable with Tofu and Shoyu Udon

Array of Stir-fry Asian vegetable and tofu over Shoyu (soy sauce) Udon noodles

Jasmine Rice or Sautéed Edamame

Roasted Baby Carrot or Steamed Bok Choy

Peach Cobbler

NSA Dessert of the Day

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Wednesday

Borscht (Cold Beet Soup)

Or

Fennel Pomegranate and Apple Salad

Fresh fennel, pomegranate, celery and apple tossed in sweet tangy dressing

Trout Almondine

Oven baked trout served with almondine sauce (roasted almond, shallots, white wine, butter and lemon)

Braised Brisket

Slow cooked beef brisket with aromatic vegetable and herbs

Vegetable Pot Pie

*A hearty filling of array vegetable
Topped with flaky fillo dough and baked until golden brown*

Quinoa with Olives or Black Bean Sauté

Sautéed Corn with Bell Peppers or Roasted Acorn Squash

Cheesecake

NSA Dessert of the Day

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Thursday

Roasted Carrot and Apple Soup

Or

Fig and Arugula Salad

Fresh Figs, Organic baby arugula and feta cheese drizzled with raspberry dressing

Prime Rib

Slow Roasted Prime rib of beef and Au jus

Chicken Cacciatore

Stewed chicken thigh with olives, mushroom and herbs

Tortellini with Wild Mushroom

Tortellini pasta tossed in white wine, garlic and wild mushroom

Golden Yukon Mashed or Polenta

Garlic Blue Lake Green Beans or Herbed Roasted Mushroom

Coconut Macaroons

NSA Dessert of the Day

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Friday

Matzo Ball Soup
Or
Gefilte Fish

Gefilte Fish, romaine lettuce, tomato, carrots and horseradish

Seasoned Roasted Chicken

*Seasoned chicken slowly roasted to perfection with chicken au jus
Choice of dark or white meat*

Stuffed Cabbage with Tomato Sauce

*Ground beef, rice, and raisins rolled in cabbage
then cooked and topped with sweet & sour sauce*

Stuffed Vegetarian Cabbage with Tomato Sauce

*Brown rice, lentils, onions, and herbs rolled in cabbage
then cooked and topped with tomato sauce*

Potato Latkes or Citrus Lentil
Spaghetti Squash or Stewed Vegetable

German Chocolate Cake
NSA Dessert of the Day

(Please ask your server)

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Saturday

Butternut Squash Soup

Or

Israeli Cous Cous Salad

*Israeli Cous cous with tomato, olives, onion, cucumber, feta cheese and parsley,
tossed in lemon vinaigrette*

Broiled Red Snapper

Broiled wild caught Red Snapper served with tomato relish

Lamb Paprikash

Stewed lamb with bell peppers, onion, tomato, cumin and paprika

Vegetarian Paprikash

Stewed array of vegetable seasoned with cumin and paprika

Seasoned Organic Greenwheat Freekah or Garlic Orzo
Vegetable Medley or Eggplant and Tomato Sauté

Baklava

NSA Dessert of the Day

(Please ask your server)